

# Harvest Appeal

## Foodstuffs

- Pasta and Rice
- Sugar
- Tea and Coffee
- Tinned Fruit and Vegetables
- Tinned fish and meat
- Table sauces (no glass bottles)
- Packet soups (not tinned)
- Flour
- Dried fruit

## Toiletries

- Shampoo & Conditioner
- Soap
- Deodorants
- Hair accessories
- Toothbrushes & pastes
- Cotton buds
- Toilet Rolls
- Towels (all sizes)

## Cleaning

- Kitchen Roll
- Window Cleaner
- Disinfectant
- Bleach
- Washing Up Liquid
- Dish Cloths
- Kitchen sponges
- Bin Liners
- Washing Powder
- Tea Towels



Some of the children who have benefited from previous Harvest Appeals. There is still a great need to help these children and their families.



- Donations need to be at CCM office by Friday 17<sup>th</sup> October
- Any foodstuffs must have at least 6 months shelf-life remaining
- No glass bottles

